

# Mini Water Ritual

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# Mini Water Ritual – Jouleeyah’s version

The intention for this ritual is to honour the Water element as a way to attract abundance.

1. Prepare a cup of water.
2. Connect with the Spirit World: “I ask my Higher Self, Body Deva and team to now help me to connect with the Spirit World. I would like to attract abundance and receive the blessings from the Water element. And to receive these blessings, I am about to perform a mini water ritual.”
3. Open a sacred space: “I want to open a sacred space and invite the Four Directions, Mother Earth, the Creator, my Ancestors and my Power Animals to join me for a mini water ritual.”
4. Make a list of what kind of abundance you would like to attract and read it aloud once. And then blow this list/your prayers/your requests into 7 leaves: 3 leaves for the Mountain Spirits, 2 leaves for Mother Earth and 2 leaves for the Water element.
5. Lay all the leaves in front of the cup of water, add whatever you like to these offerings: flowers, sweets, other ingredients.
6. Send love into these offerings with your hands and say “I send these offerings my love. I thank these ingredients for supporting my abundance. And I kindly ask the Water element to please accept my offerings and to bless the kind of abundance I would like to attract. Thank you.”
7. Chant SHREEM BRZEE 108 times. And then take a moment to feel the blessings and to feel the connection.
8. Close the sacred space: “I want to close the sacred space and release the Four Directions, Mother Earth, the Creator, my Ancestors and my Power Animals. Thank you.”

★ Jouleeyah ★

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